

MXC Snack Information 2011

Snack Coordinators: Greg and Maryanne Grose email, call or text

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Cross Country meets are usually all day events for the team members. The parents generously provide snacks for the runners. The following is a list of snacks provided for each meet. Please try to follow the instructions as closely as possible. **Please bring the snacks to the buses.** **Coolers and ice will be available.** Thank you for donating your time, effort and cost, for the runners.

Please remember that each team member can bring their own food and drink. The food and drink provided by the parents is just a snack to help get through the long day. It is not a meal.

PB SANDWICHES- 2 loaves of white bread with pb only. Please cut in half and put them in individual sandwich bags. (2 volunteers per meet, one loaf each volunteer)

PB CRACKERS-2 boxes. Typically 8 per box. (2 volunteers per meet, 2 boxes each volunteer)

GRANOLA BARS/CEREAL BARS -2 boxes. Any flavor (2 volunteers per meet, 2 boxes each volunteer)

BANANAS-3 bunches per meet (1 volunteer per meet)

ORANGES- 8-10 oranges quartered. 2 qtrs. per baggie (1 volunteer per meet)

APPLE SLICES- 8-10 apples cut into slices. 5-6 slices per baggie.

(1 volunteer per meet)